



## **Link**

by ABC-Allegra Brigata Cinematica (Bergamo-Italy)

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Age: + 4

### **An invisible hug will tie us forever.**

I was born in an endless hug, which I feel still surrounding me today.

I was in a round, soft, warm and reassuring circle where it was just you and me.  
Suspended.

I know an invisible thread will tie us forever, even if I wanted and I had to leave  
to go into the world.

Face the void and the unknown, change cloths, become different every day  
from yesterday and from you.

The thread will remain even in the greatest distance.

The link is a never-ending game of discovering oneself on one's way to the  
world. Only bodies, music, dance.

### **CONCEPT**

We started with a question: is it possible to play with emptiness?

A word that frightens a lot, especially adults.

We wanted to challenge it. And we jumped in.

We decided not to use props, only to focus on two bodies in an empty space.

What could happen?

We realized that emptiness can be a great space for creativity, in which to  
bring out something unexpected.

The two characters start from a situation in which there is no space dividing  
them. They're the same, almost twins moving like a single body. We can  
imagine many possible interactions represented by the two characters.

At some point, as well as feeling, they can see each other. And they see the  
space around them. Afraid of what they may find outside of their union, they  
move without losing contact with each other. But it is not always easy to  
choose the common direction. Differences arise, the moment of detachment  
occurs, a small detachment.



Close, but different.

Symbolically, we take off a layer of clothing. The costumes (still provisional in the video) are here considered as an expression of personal identity. Under the same sweatshirt from the beginning, we discover that we are of a different colour.

Growing up together means to play between equalities and progressive differentiations.

We play with the distance that arises between the two. The dancing body creates empty spaces that the other can fill, inhabit, modify, imitate.

Distances are the symbol of an invisible thread that ties us to those we love.

But how much longer can this thread be?

And what happens if one of them suddenly leaves?

*Here is the core of the work.*

Everybody experiences small or large separations, since the first time our mother leaves us alone for a few hours and who knows where she goes.

There is an empty space outside and inside to face, learning to feel that even in the distance the link is still there and we are never alone.

Link is a connection, a ring, a chain. But it is also a unit of length in the Anglo-Saxon system.

It measures the distance between two bodies, symbolic and real.

### **SETS:**

There are no objects or sets in the show, but clothes have taken on great importance in the work, becoming a dramaturgical and scenic element.

We want to fully use the potential of a garment: colours, shapes and fabrics.

The colour of the clothes helps us to define the evolution by differentiation of the two characters. The particular shapes will offer further empty spaces for exploration and play. The elastic fabrics will make it possible to extend and to take the forms of the body to extremes.

### **LANGUAGE:**

The language used is that of contemporary dance and contact improvisation.

Two body techniques that are based on a deep listening of one's own body and that of the other.



The whole show tells a two-way relationship, coming out of the verbal channel. The choreography is the result of exploring the empty spaces that we can create with the body, how we can inhabit them and what we can describe with them.

The movement lets the imagination go, suggesting atmospheres and every viewer, young or old, can read and imagine.

We want to surprise and amaze for the infinite possibilities we can use our body. Instill the desire to try again at home, with mom and dad.

The show can be combined with a dance workshop for parents and children together.